

GUIDANCE & COUNSELLING

Unit-I

1. Define guidance. Discuss its nature.
2. “guidance is not giving direction; it is not the imposition of one person's point of view upon another person. It is not making decisions for an individual which he should make for himself. It is not carrying the burden of another's life,” in the light of this elaborate the concept of guidance.
3. Discuss in detail the principles underlying the concept of guidance.
4. What are the aims and objectives of guidance?
5. As a teacher justify the need of guidance for students.
6. Guidance touches every aspect of personality- physical, emotional, social, and intellectual. Justify.
7. What is counselling? Discuss its nature.
8. What are the aims of counselling?
9. As a teacher justify the need of counselling for students.
10. Explain the principles of counselling.
11. What is meant by counselling skills? Justify the importance of establishing rapport in process of counselling.
12. What is meant by empathy? As a counsellor justify its importance in the process of counselling.
13. Listening skill is an important counselling skill- justify.
14. As a counsellor which approach will you use for the evaluation of guidance programme and why?
15. Discuss survey approach of evaluation of guidance programme.
16. Explain the experimental studies approach of evaluation of guidance programme.

Unit-II

1. What is group guidance? Discuss its objectives.
2. Explain the concept of group guidance. What are its advantages?
3. Give the meaning of group guidance. What are its limitations?
4. What are the techniques of group guidance? Discuss class talk as technique of group guidance.
5. As a counsellor how will you use career talk and orientation talk as technique of group guidance?
6. As a counsellor how will you organize career conference in the school?
7. Discuss the importance of career corners and bulletin board as techniques of group guidance.
8. How group discussion and role play be used as techniques of group guidance?
9. Discuss the emerging trends in guidance and counselling.
10. Guidance and counselling are being used for the solution of many problems which emerged as a part of modernization in the life of human being. In the light of this discuss the recent trends in guidance and counselling.
11. Discuss various approaches which have emerged as a part of recent trends in guidance and counselling.

Unit-III

1. Explain behaviouristic approach in detail.
2. What is behaviouristic approach? Discuss the type of problems which can be successfully solved by using this approach.
3. What is behaviouristic approach? Discuss its advantages and limitations.
4. Discuss rational emotive approach in detail.
5. What is rational emotive approach? Explain the type of problems which can be successfully solved by using this approach.
6. What is rational emotive approach? Discuss its advantages.
7. Explain reality approach of counselling in detail.
8. What is reality approach of counselling? Discuss the type of problems which can be successfully solved by using this approach.
9. What is reality approach of counselling? Discuss its advantages and limitations.
10. Compare the behaviouristic and rational emotive approaches?

Unit-IV

1. What is interest? How is it assessed in the field of guidance and counselling?
2. What is intelligence? Discuss the importance of intelligence testing in the field of guidance and counselling?
3. What is personality? Discuss various techniques of personality assessment?
4. As a counsellor discuss the importance of personality assessment in the field of guidance and counselling.
5. Justify that aptitude is a vital aspect of an individual that plays a pivotal part in deciding on a course of study and a career path.
6. What is interview? As a counsellor how will you use it for providing counselling to students?
7. Discuss interview as a qualitative assessment tool for guidance and counselling.
8. What is observation? As a counsellor which precautions will you take to use it as an effective qualitative assessment tool?
9. Define case study as a technique of qualitative assessment. Explain steps involved in preparing case study.
10. What is case study? Discuss its importance in the field of guidance and counselling.

Short answer questions

Unit-I

1. Define guidance.
2. What nature of guidance?
3. What is scope of guidance?
4. What is counselling?
5. Explain nature of counselling.
6. Discuss need of counselling.
7. Write note on empathy.
8. Write note on listening skill.
9. Correlational approach as evaluation technique guidance programme.

10. Experimental approach as evaluation technique guidance programme.

Unit-II

1. What is group guidance?
2. Discuss objectives of is group guidance.
3. What are the advantages of group guidance?
4. Discuss limitations of group guidance.
5. Write note on career talk.
6. Write note on class talk.
7. What is orientation talk?
8. Write note on career corners.
9. Write note on bulletin board.
10. What is role playing?
11. Write note on recent trends in guidance.

Unit-III

1. What are the advantages of behaviouristic approach?
2. Explain limitations of behaviouristic approach.
3. Which issues are successfully covered by behaviouristic approach?
4. Write note on rational emotive approach.
5. Discuss advantages of rational emotive approach.
6. Which issues are successfully covered by rational emotive approach?
7. Write note on reality approach.
8. Discuss the limitations of reality approach.
9. Which issues are successfully covered by reality approach?

Unit-IV

1. What is interest?
2. What is importance of intelligence testing in guidance and counselling?
3. Explain any test of personality.
4. What are the tests used for aptitude testing?
5. Discuss the importance of aptitude testing in guidance.
6. Write note on counselling interview.
7. Discuss the importance of interview in counselling.
8. Importance of observation as tool of qualitative assessment.
9. Write note on case study.
10. Explain importance of sociometry.